

Psychiatric University Hospital Zurich, Division of Clinical Psychiatry

HAMILTON ANXIETY SCALE

H A M A

M. Hamilton

STUDY	[_ _ _]	1-4
GROUP	[_]	5-6
PATIENT	[_ _]	7-9
RATING DAY	[_ _]	10-12
CARD NUMBER	[_ _]	13-14
Sex (1=male, 2=female)	[_]	15
Birthday (dd.mm.yyyy)	[_ _ : _ _ : _ _ _]	16-23
Date of hospitalization (dd.mm.yyyy)	[_ _ : _ _ : _ _ _]	24-31
First diagnosis	[_ _ . _]	32-36
Second diagnosis	[_ _ . _]	37-41
Diagnostic system (1=ICD9, 2=ICD10, 3=DSM3-R, 4=DSM4)	[_]	42
Age at onset	[_ _]	43-44
Course (1=first manifestation, 2=intermittent, 3=progreident, 4=chronic)	[_]	45
Duration of Current Episode Prior to Hospitalization (days)	[_ _]	46-48
Medication Prior to Hospitalization (0=none, 1=antidepr., 2=neuroleptics, 3=other)	[_]	49
Current Medication (cf. list of codes)	[_ _]	50-52
Educational level (1=remedial, 2=junior high, 3=high, 4=college)	[_]	53
DATE (dd.mm.yyyy)	[_ _ : _ _ : _ _ _]	54-61
INTERVIEWER	[_ _]	62-64
HOSPITAL	[_]	65-66
PATIENT ID (the hospital's internal PID)	[_ _ _ _ _ _ _ _]	67-78



0 Card number	1-12 dupl [_ _] ¹³⁻¹⁴
1 Anxious moods Worries, anticipation of the worst, fearful anticipation, irritability. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ¹⁵
2 Tension Feelings of tension, fatigability, startle response, moved to tears easily, trembling, feelings of restlessness, inability to relax. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ¹⁶
3 Fears Of dark, of strangers, of being left alone, of animals, of traffic, of crowds. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ¹⁷
4 Insomnia Difficulty in falling asleep, broken sleep, unsatisfying sleep and fatigue on waking, dreams, nightmares, night terrors. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ¹⁸
5 Intellectual (cognitive) Difficulty in concentration, poor memory (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ¹⁹
6 Depressed mood Loss of interest, lack of pleasure in hobbies, depression, early waking, diurnal swing. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ²⁰
7 Somatic (muscular) Pains and aches, twitchings, stiffness, myoclonic jerks, grinding of teeth, unsteady voice, increased muscular tone. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ²¹
8 Somatic (sensory) Tinnitus, blurring of vision, hot and cold flushes, feelings of weakness, picking sensation. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ²²
9 Cardiovascular symptoms Tachycardia, palpitations, pain in chest, throbbing of vessels, fainting feelings, missing beat. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ²³
10 Respiratory symptoms Pressure or constriction in chest, choking feelings, sighing, dyspnea. (0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)	[_] ²⁴

- 11 Gastrointestinal symptoms** [_]₂₅
Difficulty in swallowing, wind, abdominal pain, burning sensations, abdominal fullness, nausea, vomiting, borborygmi, looseness of bowels, loss of weight, constipation.
(0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)
- 12 Genitourinary symptoms** [_]₂₆
Frequency of micturition, urgency of micturation, amenorrhea, menorrhagia, development of frigidity, premature ejaculation, loss of libido, impotence.
(0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)
- 13 Autonomic symptoms** [_]₂₇
Dry mouth, flushing, pallor, tendency to sweat, giddiness, tension headache, raising of hair.
(0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)
- 14 Behavior at interview** [_]₂₈
Fidgeting, restlessness or pacing, tremor of hands, furrowed brow, strained face, sighing or rapid respiration, facial pallor, swallowing, belching, brisk tendon jerks, dilated pupils, exophthalmos.
(0=none, 1=mild, 2=moderate, 3=severe, grossly disabling)